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Please amend the Claims as follows:

- 1. (Currently Amended) A sock, particularly for use in sporting activities, which has a cushion padding in the area of the Achilles tendon, characterized in that, the cushion padding is formed from at least two spacer cushion pads (24-25), which are positioned on both sides of and along the Achilles tendon, and a transition piece is inserted between the spacer cushion pads, and the spacer cushion pads are constructed and arranged to stand out distinctly relative to the transition piece.
 - 2. (Canceled)
- 3. (Currently Amended) A sock in accordance with claim 2, characterized in that, the transition piece (26) is designed in the form of a cushion pad which has a smaller thickness than the spacer cushion pads (24-25).
- 4. (Currently Amended) A sock in accordance with claim 2, characterized in that, the transition piece (26) is produced from climate-regulating fabric.
- 5. (Currently Amended) A sock in accordance with claim 3, characterized in that, the transition piece (26) is produced from climate-regulating fabric.
- 6. (Currently Amended) A sock in accordance with claim 1, characterized in that, the spacer cushion pads (24-25) are adjusted to the anatomical shape of the foot in the area of the Achilles tendon.
- 7. (Currently Amended) A sock in accordance with claim 1, characterized in that, the spacer cushion pads (24-25) consist of internally hollow fibers, which are surrounded by wool or cotton.
 - 8. (Currently Amended) A sock in accordance with claim 1, characterized in that,

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the sock has additional cushion pads (22-23).

- 9. (Canceled)
- 10. (Currently Amended) A sock in accordance with claim 1, characterized in that, the sock has an air channel (27).
- 11. (Currently Amended) A sock in accordance with claim 2, characterized in that, the spacer cushion pads (24-25) are adjusted to the anatomical shape of the foot in the area of the Achilles tendon.
- 12. (Currently Amended) A sock in accordance with claim 3, characterized in that, the spacer cushion pads (24-25) are adjusted to the anatomical shape of the foot in the area of the Achilles tendon.
- 13. (Currently Amended) A sock in accordance with claim 4, characterized in that, the spacer cushion pads (24-25) are adjusted to the anatomical shape of the foot in the area of the Achilles tendon.
- 14. (Currently Amended) A sock in accordance with claim 2, characterized in that the spacer cushion pads (24-25) consist of internally hollow fibers, which are surrounded by wool or cotton.
- 15. (Currently Amended) A sock in accordance with claim 2, characterized in that, the sock has additional cushion pads (22-23).
 - 16. Canceled)
- 17. (Currently Amended) A sock in accordance with claim 2, characterized in that, the sock has an air channel (27).
 - 18. (Currently Amended) A sock in accordance with claim 3, characterized in that,

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the sock has an air channel (27).

- 19. (Currently Amended) A sock in accordance with claim 3, characterized in that, the sock has additional cushion pads (22-23).
 - 20. (Canceled)